

An examination of the elite development pathways for male golfers in Ireland

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Introduction

Publically funded sports organisations, or national governing bodies (NGBs) of sport face significant challenges in managing mass participation and elite sport goals both locally and nationally (Green, 2009; Smolianov, Gallo & Naylor, 2014; Smolianov, Murphy, McMahon & Naylor, 2015). In terms of elite or high performance sport, a number of attempts have been made to ascertain the components of success in identifying, developing and preparing athletes for international sporting success, all of which comprise an elite sports development system (ESD) (De Bosscher, De Knop, Van Bottenburg & Shibli, 2006; Green & Houlihan 2005; Oakley & Green 2001). While there is much evidence corroborated on ESD from micro (athlete) and macro (social/economic/cultural) perspectives, there is less attention paid to the 'meso' or policy level of the ESD system (Sotiriadou & Shilbury 2009). Further, scholars in this area have identified the absence of country and sport-specific contextual factors in these examinations (Brouwers, De Bosscher & Sotiriadou, 2012; Brouwers, Sotriadou & De Bosscher, 2015b). Taking place at a meso level, this paper investigates the internal organisation processes contributing to elite golf performance in one NGB. In so doing, it makes a contribution to the scarcity of country and sport specific examination of elite sport.

In recent years professional male golfers from the island of Ireland have enjoyed much success. Between them Darren Clarke, Padraig Harrington, Graeme McDowell and Rory McIlroy won 9 major golf titles in 8 years. Along with the reintroduction of golf into the Olympic Games, these achievements have increased the focus on golfer development, talent pathways and the male high performance golf programme in Ireland, thus deeming it worthy of examination. Using the Sports Policy Factors Leading to International Success in Sport (SPLISS) framework as a guide, this study presents stakeholder experiences of the male golfer pathway in Ireland, with a view to identifying how organisational factors can contribute to or inhibit international success in Irish golf. Data from questionnaire, focus groups and individual

interviews have been gathered from golfers on national and regional coaching squads, a small selection of parents, governing body employed PGA Professional golf coaches and physiotherapists within the four regions in Ireland. By mapping these pathways from regional to national level, this paper will illustrate what a national level pre-professional golf programme looks like, along with extending knowledge on elite golf processes from an organisational perspective.

Successful Elite Sports Development Systems

De Bosscher et al. (2006) have defined the macro (social, cultural and political context) and micro (individual athlete environment) level factors that lead to international sporting success, but they concentrate on critical success factors at the meso level (sports organisation and policies). Even though meso-level factors such as good sports policies, sound infrastructure, well managed resources, and efficient services are most open to influence or change (De Bosscher et al., 2006), the meso level has largely been ignored (Brouwers, Sotiriadou & De Bosscher, 2015a). Further, Sotiriadou and Shilbury (2009) suggest that only a limited number of meso level studies have focused on factors that support or inhibit the ESD from an organisational point of view. Given the lack of attention given to ESD organisation in the literature, this study took place at the meso level, and aims to contribute to the small number of country/sport specific studies using the SPLISS model. De Bosscher et al. (2006) suggest that there are two types of meso-level study; the focus here is capturing stakeholder views of the NGB's internal organisation processes and how they contribute to or inhibit international success.

While there has been much examination of ESD internationnally, with the exception of a small number of studies, there have been very few examinations of elite sport policy in specific sports. Table 1 outlines some meso-level sport specific studies on elite sport policy. In

terms of elite sport in Ireland, Duffy, Lyons, Moran, Warrington and MacManus (2006) interviewed 191 Irish athletes and found that system-based factors were rated at a lower level than the role of the athlete themselves, and their support group: "indeed, absent or inadequate funding, facilities, sports science and medical support, training and competition opportunities, and structural or organisational difficulties were perceived by the athletes as barriers to their development" (p.164). Houlihan and Zheng (2015) found that although Ireland has substantial 'cultural resources' for sport, it being a small state, there are constraints on strategy choice. In a study (which used SPLISS) of elite sport development policy and the experiences of coaches in Northern Ireland, Liston, Gregg and Lowther (2013) uncovered tension between amateur values around mass participation and sport delivered by volunteers, and elite sport driven by, for example, performance targets and resource prioritisation. The authors suggest that there is a need for further appraisals of elite sport in smaller nations such as Ireland, and acknowledgement of the experiences of coaches and others.

Pathways in Elite Golf Development

Development pathways for golfers in Britain and Ireland tend to follow a predictable route from club to county, regional or district squads and onto national or elite squads. A study examining elite male adolescent golfers in England (Hayman, Polman, Taylor, Hemmings & Borkoles 2011) found that international adolescent golfing status involves the interaction of developmental, familial and contextual factors. Stoszkowski and Collins (2011) outlined the numerous layers of coaching along the player pathway for male golfers in England. This layering of coaches can cause issues for some players; Branton (2013) found that stability in coach athlete relationships was linked to improved golf performance, whereas golfers who used multiple coaches linked this to an increase in conflicting advice, leading to decreased performance. Coaches in the Stoszkowski and Collins (2011) research identified that coach

communication was crucial in the successful development of the golfer. The evidence to date from golf suggests that good communication and coherent messages can contribute to success within golf performance systems. Through interviews with professional players, coaches and other stakeholders, Mattsson, Hassmen, McCullick and Schempp (2007) found that the structure and organisation of Swedish golf contributed to its success. Oppositely, Henriksen, Larsen and Christensen (2014) examined a talent development environment (11 golfers) within an underperforming golf team in Denmark, and among other themes, the struggling environment was characterised by an incoherent organisational culture. Although limited, this evidence suggests that good management and organisation supports athlete performance in golf and other sports, and in return incoherent systems can add to underperformance. Given the lack of empirical studies exploring policy, contextual and organisational factors leading to global golf success, golf is a fertile ground for exploration.

Study framework

A number of models have been used to examine ESD pathways from an organisational and managerial approach, for example the ARTN (attraction, retention, transition and nurturing) model (Brouwers et al., 2015a), the holistic ecological approach (Henriksen, Larsen & Christensen 2014), the ecological dynamics perspective (Pinder, Renshaw & Davids, 2013) and the ORFOC (organisational resources and first order capabilities) framework (Truyens et al., 2014). This study uses SPLISS, the conceptual model of Sports Policy Factors Leading to International Sporting Success, which is recognised as one of the foremost studies of mesolevel factors influencing success. Initiating the model, De Bosscher et al. (2006) theorised that elite sporting success is the result of a strategic planning process where countries invest in a blend of the following nine pillars of sport policy: financial support, integrated approach to policy development, foundation and participation, talent identification and development

system, athletic and post-career support, training facilities, coaching provision and coach development, national and international competition and scientific research (De Bosscher et al., 2006; De Bosscher, De Knop, van Bottenburg, Shibli & Bingham 2009; De Bosscher et al., 2011, De Bosscher et al. 2015). The model allows a holistic view of an ESD system by examining inputs, throughputs and outputs. Given the international success of male professional golfers from Ireland (outputs), coupled with the broad ranging task of reviewing the male golfer pathway from regional to national level, potentially encompassing aspects such as finance, grassroots golf, coaching and facilities, SPLISS is an ideal model for this project.

The Context

The international performances and profiles of professional male golfers from the island of Ireland precedes this examination. Between them, Darren Clarke, Padraig Harrington, Graeme McDowell and Rory McIlroy won nine major golf titles from 2007 to 2014. Three of these players, Rory McIlroy (Belfast), Darren Clarke (Dungannon), and Graeme McDowell (Portrush) grew up within a round trip area of 150 miles in the north of Ireland. Prior to turning professional, all four golfers played for Ireland at amateur level, representing the NGB – the Golfing Union of Ireland (GUI), the oldest golf union in the world (est. 1891) and the governing body for male golf in Ireland. Not alone has there been professional level success, but the NGB's amateur golf programme has garnered much attention. Shane Lowry became just the third amateur player to win a European Tour event when he won the 2009 Irish Open, while in 2015, Paul Dunne led the Open Championship into the final round, also while still an amateur. The global success of male professional and amateur golfers has prompted attention on the golfer development system in Ireland. At the time of data collection the NGB had one national coach, five national squads (with 69 players), 27 regional coaches and 537 players on regional squads. The national coach was the only full time employee; all other coaches worked on a part

time or contractual basis. Aside from some NGB administrators and sport science support, all volunteer officials and coaches are male, as is the case with participants in this study.

Research design

This study aimed to review the Irish male golfer pathway from regional to national level from a meso perspective, in order to identify the organisational factors that contribute to or inhibit international sporting success. To answer the research question it was decided to triangulate a spectrum of views from stakeholders in a mixed method approach, similar to that employed by Liston et al. (2013). This approach would also follow the methods identified in previous investigations (see Table 1), where stakeholders' views were garnered in relation to meso level factors. The methodology and data collection techniques were agreed with the high performance committee of the NGB. Player and coach questionnaires would be distributed initially, and follow up focus groups and/or individual interviews would capture more in-depth stakeholder views on the pre-requisites for success from an organisational perspective. Aside from the player (n=109) and coach (n=27) questionnaire sample sizes, these stakeholders included junior (under eighteen years) (5) and adult (3) players, parents (2), coaches (27) and physiotherapists (2). No NGB officials partook any part in the data collection process. Participation in the research was voluntary and anonymity was guaranteed for players; given the smaller number of coaches anonymity was more difficult to achieve. Table 2 details the stakeholder involvement. All data were collected over a three month period in the off-season. Ethical approval for the research was sought and approved through the Limerick Institute of Technology research ethics committee.

Data collection

Questionnaires

Separate player (n=109; response rate 53%) and coach (n=27; response rate 74%) questionnaires were distributed. Both questionnaires were developed online and the questions were approved by the NGB prior to distribution. The player questionnaire had sections on 'about you' and 'the NGB', with 14 questions in total. Many of the questions were multiple choice, tick box, closed questions, for example rate the NGB in terms of their coaching programme, talent ID and selection policies, and tournament schedule and support (funding, equipment, facilities). Open ended questions were used to elicit detail on the player's goals, and the NGB strengths or areas for improvement. The regional coach questionnaire was more concise than the player equivalent, again with two sections on 'about you' and 'the NGB' totalling 8 questions. Question formats were similar to the player questionnaire, with mostly closed questions and some open ended questions to elicit more in depth responses, for example, identify three strengths of the NGB in terms of its coaching programme and its domestic and international competition programmes.

The player sample was decided based on player inclusion on a regional or national squad, along with a small number of recently turned professionals. Player squads at regional level were nominated at the discretion of each of the four regions and this followed no consistent or uniform format, age or ability level. Players aged fourteen and under were excluded from the questionnaire sample, while those aged 15-17 were encouraged to fill in the questionnaire alongside their parents. The player questionnaire sample size was 109, comprising 43 national panellists with players from Region 1 (26), Region 2 (4), Region 3 (21), Region 4 (7) and professionals (8). The coach questionnaire sample size was 27, comprising all coaches from Region 1 (5), Region 2 (6), Region 3 (8) and Region 4 (8).

Both questionnaires were distributed by email from the first author, followed up with a reminder email after 3 weeks, and closed a further 3 weeks later. NGB staff and officials also reminded players and coaches to submit their views. The majority of player respondents were

aged 17-18 with 70% still in secondary school, this perhaps a reflection of the younger age profile entering this elite sport system. While 53% can be considered a good questionnaire response rate, the full population size (players in national and/or provincial coaching) at the time was 597. Thus the questionnaire gathered opinions from just over one tenth of all players in coaching, potentially hindering the reliability of the player questionnaire results. The average age of the player sample also presents as a study limitation. The coach response rate was 74% (20/27; 18 valid responses).

Qualitative data phase

At the end of each questionnaire players and coaches were invited to take part in a more indepth face to face review process. Following the questionnaire analysis, and similar to (Liston et al. 2013), the focus group interview guide was developed from both the survey data and the SPLISS critical success factors. While it was difficult to cover every Critical Success Factor (CSF) from SPLISS, elements of the nine pillars were considered in the interview guides. Some questions were more relevant for the players, e.g. "describe the support you receive from the NGB?" Other questions were more relevant for the coaches, e.g. "how do the participation goals of the NGB feed into the elite player system?

It was agreed that no regional players would be sought for this phase of the research, and with one of the three national squads consisting of players aged 14 and under, there remained just two national squads to achieve a sample. One focus group took place with a national squad, with 5 players volunteering their involvement. Players from a second national squad (who had also volunteered their views) were invited to take part in individual semi-structured interviews, and this resulted in 1 phone interview (player), 1 skype interview (player) and 2 separate phone interviews (parents of players). Players aged under 18 required prior consent from parents before taking part in the focus group stage. Interview guides were

developed following the analysis of questionnaire results and in total, six focus groups (1 with players, 4 with coaches, 1 with physiotherapists) and 4 individual player/parent interviews were held. Both player engagements and coach focus groups were recorded using a dictaphone.

Coach focus groups took place in each of the four regions with 5-8 participants in each. These interactions took place in a challenging environment; some coaches were stalwart in their views, where they persistently challenged aspects of the national coaching programme, while there was also varying levels of critical discussion of regional coaching. The quality of this data were strongly influenced by the interviewer skills and participant personalities. While the opinions of the regional coaches were heard in this study, the voice of the national coach is absent, as were those of the NGB volunteer officials. One region requested to have their two physiotherapists take part in an additional focus group in their region. The data were collected, collated, transcribed and analysed by the first author.

Data analysis

With the relatively small samples, questionnaire analysis was easily completed by transferring the data from Survey Monkey to Excel sheets. Data were collated and presented into easily legible formats and an initial report was presented to the NGB. For the qualitative phase audio files from the 6 focus groups and 4 individual interviews were transferred on to a password protected hard drive and transcribed onto Word documents. Following initial familiarisation with the data, thematic analysis was used to search for themes and patterns around the organisational factors that contribute to or inhibit international performance (Braun & Clarke, 2006). The first author used open coding, where the data sources were examined line by line for themes. Once themes were grouped, the second author reviewed the data, searching for further themes/subthemes until nothing new emerged and the process was discontinued. Five themes emerged from the data, (1) Organisation and communication, (2) Selection, talent

Competition. The data is presented in five themes, with specific reference to the most relevant SPLISS pillars, i.e. pillar two (structure and organisation of policies), pillar 4 (talent identification and development), pillar 6 (training facilities), pillar 7 (coaching provision and coach development) and pillar 8 (international competition). In this way, this paper presents an analysis of the organisation of clite amateur golf with reference to these five pillars of SPLISS.

In presenting the data, the authors use initials for coaches (C), players (P), parents (Pa) and physiotherapists (Ph). The region number was then combined along with the initial derived from the pseudonyms of the participants' names. Thus C2D would be Darren (D), a coach (C) from region 2. Where the comment came from the questionnaire. Q is added. Because the questionnaire was anonymous for coaches and players, each participant was designated another number for this. Thus C4Q1 is a questionnaire response from coach 1 in region 4. In terms of data presentation, careful consideration had to be given to the inclusion (or not) of focus group comments which were deeply critical of the programme.

Results

Five themes emerged from the data, (1) Organisation and communication, (2) Selection, talent identification and talent pathways (3), Coaching and coach development, (4) Facilities and (5) Competition. The data is presented in five themes, with specific reference to the SPLISS pillars most relevant associated with the emerging data—SPLISS pillars, i.e. pillar two (structure and organisation of policies), pillar 4 (talent identification and development), pillar 6 (training facilities), pillar 7 (coaching provision and coach development) and pillar 8 (international competition). In this way, this paper presents an analysis of the organisation of elite amateur golf with reference to these five pillars of SPLISS.

Organisation and communication

As alluded to earlier, ESD systems require a strong organisational culture, with good coherence, communication and clear role descriptions for staff. Among the critical success factors for pillar two (structure and organisation of policies) are simplicity of administration, communication with athletes and coaches, and satisfaction of athletes and coaches with NGB communication (De Bosscher et al. 2009). While the national coaching programme in view here is coordinated by full time NGB staff, overseen by NGB volunteer officials and delivered by one full time coach, and as such there was simplicity of administration and little or no qualms from athletes, with one parent saying "it was a great experience for him, it's well organised" [Pa2].

In contrast, the regional programmes are often both coordinated and overseen by volunteer officials (with some help from perhaps one full time administrator), and delivered by part time coaches. This tended to result in some poor planning and organisation, particularly in Region 1 and coaches there were concerned about the decline in numbers and quality of players, and poor player attendance at coaching sessions. A player commented:

Region 1[sic] training isn't well run...you'd head down there, there might be too many people and not enough coaches, it's the middle of December, and you might be on the putting green for two hours to be seen for 15 minutes maybe. That's just the experience I had... [to improve Region 1 training I'd] reduce the numbers and make sure you get people that actually want to be there. [P2]

Coaches in Regions 1 and 3 identified the poor skill level of players attending provincial coaching, and cited the regions' poor communication with the clubs as the reason for this

The only communications [junior convenors] would get from Region 3 [sic] are about when they're picking panels...it's short and sweet, very little

indication as to what it's for...the junior convenor barely knows what's going on, the parents barely know what's going on. [C3L]

Basic improvements in programme organisation and management could solve issues identified, e.g. losing players to other sports, keeping coaches motivated.

We need a plan for the day. Sometimes we pitch up at [coaching location] and there's no plan. I'm as clueless as anybody, don't know who's gona be there, could have keys might not have keys, is the door gona be open, what's gona happen...parents talk to you and you don't know what you're doing. [C4U]

This lack of planning and organisation is also evident in Region 4, and the coaches directed blame at the volunteer officials:

The right kids aren't coming to the assessment...you're there for a very short period of time and you can tell by just looking at them...the letters should be going out yes to the junior convenor but also to the PGA pro, and if we do know that the general managers are golf savvy then to them...some of them didn't have a handicap. [C4W]

These statements seem to indicate the lack of partnership between part time coaches and volunteer officials in Regions 3 and 4, manifesting in coach frustration, as highlighted throughout this review process.

Along with poor planning, organisation and partnership at regional level, there is also evidence, from coaches, of a lack of communication between national and regional level. One regional coach expressed frustration at the lack of a relationship with the wider NGB, where he commented, "if I'm part of a company and the company is doing well and reports good profits I think you feed that down to all the staff on the ground floor and that doesn't necessarily

happen" [C2T]. There is some discontent from coaches about the lack of a documented coaching plan, strategy or structure at national level, and the lack of clarity on the role of the national coach from a small number of players and coaches in regions 2, 3 and 4. Regardless of communication along the player pathway, there is evidence of a siege mentality with some regional coaches believing they have 'ownership' of players:

It still is the major headache whether at national coaching or club coaching...no matter how much communication, no matter what one coach says to the other, ultimately the elephant in the room is still this thing of 'I'm his coach'. [C2A]

The discourse around coach responsibilities, tension between paid coaches and volunteer officials, coupled with organisational obscurities and a lack of information sharing between regions appear to feed into an incoherent player pathway between regional and national level, something which will be explored in the next section. Overall, significant improvements could be made in planning, organisation and communication in the system.

Selection and talent pathways

This theme is aligned with pillar 4 in the SPLISS framework, where it is expected that there is an effective system for the detection of talent, coordinated planning for the development of potential talent and young talents receive career support for the combination of sports development and academic study (De Bosscher et al. 2009). Most prominent in the data was the difficultly of squad/team selection, and the need for documented criteria, or clarity regarding an order of merit system. While one parent commented "he was disappointed with some selections earlier in his career, but he has always been picked on merit. He knows he's not going to get picked for everything" [Pa2], selection was a prime issue for players, with many asserting the need for a more transparent system and fewer 'picks'. One player suggested

"selecting teams should be more structured. Order of merit should play a big part" [PQ19].

During the focus group one player noted:

I don't think there should be any choice, it should be an order of merit...maybe something like the Ryder Cup where you get a pick or two. There's a grey area there when you're deciding who should be on what team. Even for everything, like panels, boys' teams, senior teams, there shouldn't be any favouritism...I've probably seen a couple of strange decisions over the years... [P2]

Regional coaches recognised the need for both selectors and coaches to pick squads and teams. The coaches in Region 2 were consulted on selection and de-selection for regional and national squads. In contrast, coaches in Region 1 highlighted their lack of involvement and identified their preference for a more prominent role in player selection. Selection for Region 3 squads appeared to be based on handicap, which, according to one coach, can encourage players to cheat, "some panel members at underage level are preventing honest players of a chance of making squads. Should only be based on an order of merit system" [C3Q15]. Region 3 coaches appear to have little input into selection of panels; one coach commented "I think we are probably the only people that should be selecting the squads because we know them and...you can see potential in a player..." [C3H]. Selection in Region 3 could be better organised; the coaches believe the best players are not being selected. There might be a flaw in the regional order of merit system, where players are encouraged to participate in provincial events but can get more points for doing well in county events:

Last year...one of the branch officials told the parents your lad should play in provincial events...and [selection will be] based on that and an order of merit system... and then the team that was picked... on players that didn't

play in the provincial events...I had one lad...he went to all the events, his parents cancelled their holidays, and he wasn't picked. [C3G]

Similar to Region 2, coaches rather than officials have more responsibility over squad selection in Region 4, though they acknowledged that selection is a difficult issue. While they agreed that they should not have responsibility for the selection of teams, they suggested that they should be asked for their input on the selection of panels and squads, particularly for those players going towards national coaching. The following two quotes illustrate the diverging take on this issue; where one coach from Region 4 said "I don't think it's fair to have the coach involved, certainly maybe for input but not the casting vote as such" [C4N], another said:

There was a kid there a few weeks ago with us...and I'd heard that he was at Irish coaching...how does an Irish panel get selected?... it makes sense from a coaching panel to ask the coaches what players would benefit from being on that panel or who would shine in that environment. [C4U]

In terms of the talent pathway, there was some mention of the fact that adult players are being isolated from squads, particularly at elite level. Although they had a full programme in place for golfers from eight years of age to adult men's level, thus providing a route for both emerging talent and late developing adult players, coaches in Region 2 had some concerns with the pathway to the national coaching programme. It was suggested that as soon as adult players exit regional coaching they fall into a "black hole" [Ph1], whereby unless their performances were exceptional to merit a place on the national men's elite panel then the coaching and performance programme for these individuals ceased. The programme in Region 1 effectively stopped once a player reached 18 years of age. Players in Regions 1 and 4, and coaches in Region 2 identified the need to involve adult players and give them an opportunity to progress.

[Region 4] coaching was very good, I got little bits of technical detail, but at the same time there's no [Region 4] coaching for senior players. There's nothing going on right now. I can understand focusing on the junior players but I think they could do something. You turn up to Interpros and you don't even know the players. [P1]

Given the younger age profile from the player questionnaire, it is clear that the NGB has prioritised younger golfers for their squads. Even though it is well known that golf is not an early specialisation sport, similar to the Ogden and Edwards (2016) study, the ESD in this study uses transition points such as adulthood as an exit point for many golfers, while entry points are as young as 8 in Region 2. In terms of the pathway to professional golf, some players were critical of that link, with one saying "No real link from GUI to the pro game, feel left on your own." [PQ52] and another said

[When playing abroad] the fact that virtually everything is done for us [amateurs] is nice and convenient at the time, but I believe it to be a hindrance in the long run. As a pro, players have to take care of and manage themselves which is a new experience for many Irish amateurs brought up with [in] the GUI. It's tough to find a solution though because taking care of the players lends them the best chance to do well as an amateur. [PQ49]

In summary, there is an inevitable level of discontent at selection practices, with few solutions offered. Not mentioned above, there is a perception among some players and coaches that there are curious selection practices for national teams, linked to regional affiliation. Clarification of selection criteria and the involvement of coaches in selection could be considered by the NGB. Linking to the first theme above, it's possible that better coordination of and communication with clubs could better support the golfer talent pathway. Given this evidence, it's possible that

the NGB could consider age of entry to the pathway, and possibly do more for both those turning professional and those who are close to exiting a squad.

Coaching and coach development

This theme is aligned with pillar 7 in the SPLISS framework. The critical success factors suggest that there should be a sufficient number of well trained and experienced elite coaches, that coaches get opportunities to develop their careers and that the job of coaches is recognised as valuable by the NGB (De Bosscher et al. 2009). Players were generally pleased with coaching provision. In terms of national coaching, a parent commented "he comes back buzzing from the weekend sessions. He really enjoys the standard and constant competition. Everyone works together" [Pa1]. A player at the focus group commented:

[National] training is good...we have so many guys we compete against throughout the year. There's a mixture of everything, there's off course stuff, we did speeches the first time I was here I thought that was helpful...you get to play a bit, something you don't get to do in provincial coaching...if it's the winter time...we get to hit off the grass...it's always in good condition up here. [P2]

In terms of coaching content at national level, both players and regional coaches suggested that the national sessions might require a balance between technical, physical and other golf knowledge and activities. While there were few negative comments about regional coaching from players, Region 1 players were dissatisfied with access to the coaches and Region 4 players identified the need for choice and flexibility within their regional sessions. Physiotherapists suggested that they needed more time with the players. All regional coaches supported the idea of a 'coaching curriculum', as long as it was broad, flexible, and considered individual and environmental differences. In the years previously in Regions 3 and 4, coaches

were asked to submit programme suggestions with seemingly few actions from either document implemented.

There is a need to keep coaches in ESD systems abreast of best practice and up to date knowledge. This study found an appetite for knowledge sharing amongst all of the coaches, but most particularly in Regions 1, 3 and 4. While the Region 1 coaches were more interested in coach education generally, Region 2 coaches were more invested, in control and further along in their educational outcomes, where they discussed the potential for coach specialisms and coach to coach collaboration. Regions 2 and 4 coaches requested more opportunities to come together within their own coaching teams and the physiotherapists expressed the need for them to further collaborate with coaches. Coaches in all provinces were positive about the prospect of a coach gathering for all regions, as long as their views are considered and the day is well organised and structured.

Share ideas...in the four [regions] what have you found works...or...ideas on what we could do at [Region 4 facility]... there's no real sharing of information even among us...you get very isolated in coaching sometimes, it's a business, it's competitive, your information's your edge but we've got a great opportunity here as a network of people to share anything. [C4U]

Coaches in Regions 2 and 4 discussed single versus dual deployment when coaching squads, and the possibility of incorporating coach specialisms, or having coaches working to their strengths. Coaches in Regions 3 and 4 identified the need for monitoring within their programmes, where, for example "there's no accountability for any of the coaches" [C4W]. While coach roles, responsibilities, engagement and education were contrasting in all regions, the evidence suggests general contentment with national and regional coaching provision, and great potential for further coach development.

Facilities

The critical success factors related to Pillar 6 training facilities include the assumption of a national coordination plan where facilities are mapped and the availability of a network of high quality national/regional elite facilities where athletes can train under good conditions and with minimum travel time. Further, athletes and coaches should be satisfied with the quality and availability of training facilities (De Bosscher et al. 2009). There was much praise for national coaching facilities from the players, it was identified as the strongest part of national coaching, "Quality coach, great facilities, allowed freedom to focus on areas to improve" [PQ33]. While players in Region 2 were also satisfied with the coaching facilities (the same training base as national coaching), the quality, availability and location of facilities was identified as an issue in all other regions. In Region 1, players were curtailed by when they could play and practice on the course and were generally dissatisfied with the quality of the facility:

...the facilities are the worst part of it...in the driving range the golf balls are useless you may as well be hitting rocks...they're terrible...the greens are like dreadful... [P3]

In Region 3, one coach lamented the shortage of high quality accessible facilities:

I don't think any of us...have access to a very good short game facility...I've one fairly good player I had to take [Irish international] to [national facility], we went up for a day to practice...there was nowhere that I could take him, it was the week before a very big tournament...we're seriously disadvantaged... [C3B]

At the player focus group one player expressed disappointment with the facilities they use at Region 4 coaching:

The facilities are ok, they're not kept that well; if they were kept well it'd be better. The greens are always really wet and there's really long grass. The range is good. [P4]

Along with the number of high profile Ryder Cup, European Tour event venues, Ireland has over 400 NGB affiliated golf clubs, and many more facilities such as driving ranges. Given that financing the NGB coaching programmes was not a major issue, finding suitable facilities for NGB coaching should not be difficult.

Competition

In terms of the critical success factors related to Pillar 8 ([inter]national competition), it is expected that there would be a national strategy for the organisation of international events in the country, that athletes have sufficient opportunity to take part in international competition and that the national competition structure provides opportunities for young talent and established athletes to compete regularly at the highest level. (De Bosscher et al. 2009). Anecdotally, and in golf media circles, it is widely accepted that the competition programme is one of the strongest aspects of the ESD programme. This review evidenced positive commentary on the strength of competition in Ireland, and the opportunities for travelling to international tournaments. One coach commented, "the national schedule is good, more strokeplay events are needed. Any opportunity to play overseas is a positive experience for young players" [CQ14]. However, concerns were raised about domestic tournament scheduling, with regional events "squashed together" [coach survey] and "tournaments clashing can cause controversy over team selection" [PQ32]. One player said:

A lot of our home tournaments seem to clash with the bigger international tournaments and it does not make a lot of sense, players would love to play Irish Close etc. but can't miss the bigger tournaments abroad. [PQ52]

In terms of younger squads, there is evidence of anxiety amongst some of these players, particularly in choosing which tournaments to play and balancing tournaments with school commitments. One coach mentioned that the "boys are in a dilemma" [LC], and both players and parents appear to be seeking support in this regard:

There should be more support and direction in setting out the tournament schedule...[my son] played too much and suffered burnout. It's difficult to reconcile rankings and teams with what tournaments to play. [Pa2]

I had exams for the last month and half, and golf isn't really in your head because you've spent 3-4 months revising and you've to go from there to probably the biggest competition of the year and this year it's probably going to be the same. With the competitions...if you go from exams, where you're mentally tired, from that straight into a month of golf it's hard. [P4]

While this area was a major concern of regional coaches, it was raised in all player interactions, showing the level of difficulty players and parents experience.

Discussion/Conclusion

Given the success or outputs emanating from this ESD programme, one might assume that the programme under study is world class, or a model programme. While national level facilities, coaching provision and competition are well regarded, there appear to be fundamental issues at the input level of this ESD, particularly in the areas of organisation and communication, and player pathways. There are also a number of prominent areas for refinement in the 'throughput' phase, including clarity on player selection, balancing athlete support, facility benchmarks, tournament scheduling and the place of science. While geographical differences are inevitable across rural/urban landscapes, the disparities identified clearly led to inconsistencies within the

wider coaching programme, for example in coordinating regional and national player pathways and the layering of coaches and expertise. The one consistent problem area throughout the study is the lack of programme management and organisation, aspects which could potentially be hindering further international success.

Closely aligned with the above finding is the need for improved coordination of and communication with clubs to better support the golfer talent pathway. Recent evidence examining talent development from an organisational perspective supports late development, putting clubs to the forefront of talent development. De Bosscher and De Rycke (2017) found that successful elite athletes received club and NGB support at a relatively late age, thus highlighting the role that clubs play in the development of an athletic career and the need for high quality programmes at club level. While it is known that increasing expenditure on elite sport and increasing emphasis on the TID process don't often change results (De Bosscher et al., 2011), a more diverse resource allocation policy may help to avoid unintended negative consequences (De Bosscher, Shibli & Weber, 2018). The reallocation of resources to club level in this case could support coach development, prevent the layering of coaches and inevitably produce better athletes. This would be particularly salient where there were a number of clubs with players on both regional and national panels, for example in Region 1, two 2 clubs had 48 players in regional coaching and 5 players in national coaching.

Recommendations following this review focused on organisation and management of the performance programme in order to provide more clarity and consistency in programme delivery. This would include more emphasis on programme planning, organisation and communication. It was also suggested that a multi-disciplinary working group could be set up to advise on the direction of the programme, with an initial focus on stronger regional coordination, opportunities for collaboration and improved monitoring and evaluation. Learning from Liston et al. (2013), and the tension between volunteers and professional staff,

while professionalisation in a volunteer driven NGB may reinforce tensions between volunteers and paid staff, recent research on the organisational and management practices of non-profit sports organisations (NPSOs) suggests that it may be necessary to assess or evaluate the individual employee/volunteer contribution as part of a wider organisational approach, in order to help volunteers and employees understand their role in achieving strategic objectives (O'Boyle & Hassan, 2014).

While SPLISS has supported an honest analysis of elite golf here, the close examination of the peculiarities of one amateur sport working across two small politically sensitive states may have tested the framework. This, considering data on the differences in cross-border funding and state approaches to talent development and training facilities – which would have added a further layer to the analysis – were not gathered. The difficulties that emerged in relation to programme organisation and management, as directly related to volunteer and professional conflict is not new to NGBs in Ireland and Northern Ireland, particularly where changes in amateur/professional status have been debated in recent years, particularly in Gaelic games and rugby. As suggested by Liston et al. (2013), future examinations of high performance sport in smaller countries like Ireland and Northern Ireland might require an adapted model version of SPLISS, and learning from this study, one that acknowledges the interactions among the personnel (volunteer and paid) within the system from the foundations of the sport right through to international level.

This study has added to the literature on meso level examinations of ESD, particularly with regard to the small number of country/sport specific studies using the SPLISS model. While there are clear areas for improvement, the programme's coaching provision and competitive tournament schedule are contributing to international success. Just following the review, players from Ireland took five of the ten places on the Great Britain and Ireland Walker Cup team, Ireland won the men's Home Internationals and finished second in the European

Team Championships. However, this study has some parallels with one on Canadian ice-hockey (Ogden & Edwards, 2016), which found that although a considerable number of professional players were produced through the system, the true potential may not be realised. This research represents a significant move forward in terms of a more detailed and nuanced understanding of the current elite and pre-elite development pathways for male Irish golfers.



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Table 1. Sports specific studies on elite sport policy at the meso level

Study	Sport	Research aim(s)/	Strategies/	Methods and	Results
		question(s)	Framework		
Bohlke	Athletics	To evaluate the	N/A	50 semi structured	They found that benchmarking should only
and	(Sweden)	applicability of		interviews along with	be used for learning, and not to transfer or
Robinson	Skiing	benchmarking in		document analysis	replicate elite sport practices across
(2009)	(Norway)	understanding elite sport			countries or sports.
Brouwers	Tennis	What are the roles of sport	ATRN	18 semi structured	Identified the role of local clubs in talent
et al.	(Australia)	development stakeholders		interviews with	identification, pointing to the need to revisit
(2015a)		in elite player pathways and		international tennis	the level of support clubs receive and their
, , ,		how are these pathways	14	experts	capacity to deliver optimal development.
		modelled in tennis?			
Mazzei,	Judo	To identify factors at an	SPLISS	33 interviews with	Factors specific to Judo were identified, e.g.
Leandro	(international)	organisational level that	10	stakeholders followed	tradition and culture of the sport. A model
(2015)		influence international		by development of a	for Judo organisational factors influencing
		success in high performance		questionnaire and the	international sport success was developed.
		judo		collection/analysis of	Elite level judo depends on the existence and
		3		this data	relationship between these factors.
Newland	Triathlon	To examine elite sport	N/A	6 semi structured	Three overarching meso-level elements are
and	(USA and	development processes,		interviews with NGB	present within elite development both
Kellett	Australia)	structure and delivery		representatives	countries, i.e. development processes,
(2012)					development settings and development
(=)					delivery.
Sotiriadou	Sprint Canoe	What sport specific policy	SPLISS	16 semi structured	Cultural factors are central to elite sport
et al 2013	(Australia)	factors explain Sprint		interviews with	policy making
		Canoe success?		stakeholders, e.g.	
				coaches, sport	
				scientists, athletes.	

Truyens et	Athletics	To identify the	SPLISS	A literature review	List of 98 organisational resources and first
al. 2014	(international)	organisational resources		and 34 interviews	order capabilities were identified as the
		and first order capabilities		with national coaches	fundamentals to develop a resource based
		that may lead to a		and high performance	competitive advantage in athletics.
		competitive advantage in		directors	
		elite athletics			

Table 2 – Stakeholder involvement

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<u>Table 2 – Stakeholder involvement</u>						
		Questionnaire respondents	Individual Interviews	Focus Groups	s/No. of Participants	
Junior playe	rs	39	0	1/5	70,	
Adult player	S	15	2	0		
Regional coa	aches	20	0	4/27		
Parents		0	2	0		
Sport science	e support	0	0	1/2		

